



# Recreation Matters



# 2021

## How to Register:

### Weekdays:

Monday - Friday, 8:30 a.m. - 4:30 p.m.  
Recreation Office, Town Hall, Room 8

### Online:

[www.wilmingtonma.gov/Recreation](http://www.wilmingtonma.gov/Recreation)  
Click on the link to "Register Online"

### Mail:

Wilmington Recreation Department  
Town Hall, 121 Glen Road  
Wilmington, MA 01887

### Night Drop:

In a sealed envelope, place  
payment, with your contact information,  
and program or trip information in the

### Payment Drop Off

slot in the wall at the left of  
the front door to Town Hall.

The box is opened once daily at 8:30 a.m.  
The date payment is considered received  
is the date it is removed from the box.

Pre-registration and/or pre-payment are required for all programs.

Please mark your calendar. There are no reminder calls.

Weekday programs held in a school are cancelled if school is cancelled.

There is a processing fee for program or trip cancellations unless the cancellation  
is by the Recreation Department.

Non-resident participation is at the discretion of the Recreation Department.

Non-residents pay a surcharge of \$5 for a class or day trip, and \$10 for an  
overnight trip.

Avoid disappointment - sign up early! Programs may have minimum registration  
requirements and risk cancellation if under-enrolled.

We welcome suggestions for new programs or trips.

Group sales allow us to offer the best possible prices for show tickets, events and  
trips, and occur well before sales to the general public. To secure the best possible  
prices, seats and accommodations, we must plan in advance - sometimes well  
before an event will actually be held, and before you see it advertised elsewhere.  
If it is in our newsletter - it is time to register!

**Our newsletter is updated in February, May, August & November!**

Stay current with your Recreation Department!

Subscribe to E-Alerts at: [www.wilmingtonma.gov](http://www.wilmingtonma.gov)

## Volunteers:

Students looking for volunteer opportunities must contact the  
Recreation Department in advance of each event or program.  
Please note that some programs may have application deadlines  
and limited openings. Call or stop by for more information.



Follow us on  
Facebook!

[www.facebook.com/WilmingtonMARecreation](http://www.facebook.com/WilmingtonMARecreation)

Do you have a unique skill,  
and would like to teach a  
class, or run a program?

Share your thoughts with us  
and let's see what we can  
create together!

## Gift Certificate

Purchase a gift certificate for Recreation  
Department programs in any denomination  
\$25 and over. A great gift!

## Symbols

- ☐ Registration **form** is required
- ☐ Trip/ticket can be reserved with a **deposit**
- ☐ Optional trip **insurance** available

We encourage residents of varying abilities, disabilities to participate in our programs, trips, etc.  
If you require an accommodation, call the Recreation Office at (978) 658 - 4270 or call TTY (978) 694 - 1417.

## **Town of Wilmington Recreation Department**

Town Hall, 121 Glen Road, Wilmington, MA 01887

**Phone:** (978) 658 - 4270

**Web:** [www.wilmingtonma.gov/Recreation](http://www.wilmingtonma.gov/Recreation)

## Community Event

### HORRIBLES PARADE

**Date:** Sunday, October 24  
**Time:** 4:30 p.m.  
**Location:** Parade leaves from the Public Safety Building  
**For:** Wilmington children in costume  
**Cost:** Free



Welcome back to our **53<sup>rd</sup> Horribles Parade!** March with us from the Public Safety Building to the High School Cafeteria where trick or treat goodies galore will be waiting.  
 In case of inclement weather, go directly to the High School.  
 Don't forget to bring a trick-or-treat bag for your treasures!

### YOUTH PROGRAMS

Children may be required to wear a mask for "in person" programs.

#### FALL into TENNIS LESSONS!

**Instructor:** Rob Mailey  
**Dates:** Saturdays, September 11 - October 16  
 (no 10/2 & 10/9), 4 Weeks  
**Location:** Wilmington High School Tennis Courts  
**Cost:** \$45

Tennis anyone? Learn basic tennis skills with a wide variety of fun drills, and then play mini-matches to improve your game.

Ages 6 - 8	9 - 10 a.m.
Ages 9 - 12	10 - 11 a.m.
Adults	11 a.m. - 12 p.m.



#### "A RUNNING START"

**Instructor:** Melinda LaConte  
**Grades:** 6 - 8  
**Dates:** Tuesdays, September 14 - October 19  
 or  
 Wednesdays, September 15 - October 20  
 6 Weeks  
**Time:** 1:50 - 2:35 p.m.  
**Location:** Middle School Field and Carter Lane Area  
**Cost:** \$40

This co-ed program will introduce middle school students to the sport of running. The focus of the program will be proper running technique and pacing. Runners will start slowly and increase distances each week.



#### "Saturday Night Lights" Flag Football



**Supervisor:** SNL  
**Dates:** Saturdays, September 11 - October 30, 8 weeks  
**Rain date:** November 6  
**Location:** Yentile Farm Turf Field  
**Cost:** \$130

This no-contact league allows every player the opportunity to play quarterback! SNL is designed to provide fun football play (and family entertainment!) in a safe environment. Players will develop and improve their fine and gross motor skills as well as coordination and football skills. Each player receives a shirt and a mouth guard. Players need non-metal cleats or sneakers.

Grades 1 - 2	4 - 5 p.m.
Grades 3 - 4	5:15 - 6:15 p.m.
Grades 5 - 6	6:30 - 7:30 p.m.
Grades 7 - 8	7:30 - 8:30 p.m.

#### ARCHERY

**Instructor:** Bob Wait, On-Site Archery  
**Dates:** Tuesdays, September 14 - October 12,  
 5 Weeks  
**Location:** Middle School Field  
**Cost:** \$110

Taught by a Level 3 USA Archery Coach, this program teaches archery safety, range procedures, steps of shooting, scoring and games. All equipment provided.

Grades 6 - 8	Grades 3 - 5
2 - 3 p.m.	3:15 - 4:15 p.m.



### MINI KICKS

**Instructor:** Adrianna Kippenberger  
**Age:** 3 & 4 with caregiver  
**Dates:** Saturdays, September 11 - October 2,  
4 Weeks  
**Times:** 9 - 9:50 or 10 - 10:50 a.m.  
**Location:** Boutwell School Field  
**Cost:** \$50

This program will blend the fundamentals of soccer with fun activities to introduce your child to this fun and lifelong sport!



### GOLF LESSONS

#### Junior Golf (Co-ed) or Golf for Girls

**Instructor:** Barrie Bruce  
**Ages:** 6 - 14  
**Dates:** Saturdays, September 11 - October 9,  
5 Weeks  
**Time:** 9:30 - 10:45 a.m.  
**Location:** Billerica Country Club  
**Cost:** \$149



Classes are for both beginners and continuing students.  
All equipment provided.

*"All you need is a pair of sneakers and a good attitude!"*



### YOUTH BASKETBALL

\*\*\*Weekday programs held within a school are cancelled if school is closed or cancelled\*\*\*



### JUNIOR BASKETBALL

Registration Deadline: Thursday, November 4

**Grades:** 1 & 2  
**Dates:** Saturdays, January 8 - February 12,  
6 Weeks  
**Location:** Shawsheen Elementary School Gym  
**Cost:** \$50

This instructional league introduces the basics. Teams play a staggered schedule of hourly sessions that include drills and scrimmages. Late registrations will be accepted based on availability; late registrants pay a \$10 fee.



**Separate Divisions  
for Boys & Girls!**

Girls: Morning games  
Boys: Afternoon Games



### WRBL Wilmington Recreation Basketball League



**Grades:** Boys: 3 - 8      Girls: 3 - 6  
**Skills Clinics:** Saturdays, December 4 & 11  
**Practice/Games:** Saturdays, Dec. 18 - Feb. 12  
(no 12/25 & 1/1), 9 Weeks  
**Cost:** \$110

Registration Deadline: October 7

**New format this year:**

**Pre-season:** Two weeks of "skills and drills" led by SNL staff and Philadelphia 76ers Advance Scout Jeff Nelson.

**2021-22 Season:** Competition begins! Each game day begins with a "warm-up" (short practice) followed by a game.

Late registrations will be accepted based  
on availability; late registrants pay a \$25 late fee.

No cancellations after October 15 except for medical reasons.

### COACH CLINIC

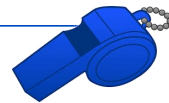
**Instructor:** Ken O'Regan  
**Grades:** 9 - Adult  
**Dates:** Wednesday, September 29  
or Tuesday, October 5  
**Time:** 6:30 - 8:30 p.m.  
**Location:** Shawsheen School Gym  
**Cost:** Free



This class is mandatory for all first-time coaches and assistant coaches seeking volunteer/community service hours, and is recommended for any coaches wishing to improve their skills. Learn to run a fun and effective practice, review the rules we play by and get some tips for game day. Register online or call the Recreation Department.

### REFEREE CLINIC

**Instructor:** Ron Searles  
**Ages:** 15 - Adult (must be 16 by 12/1/21 for a paid position)  
**Dates:** Mondays, October 25 & November 1  
**Time:** 7 - 8:30 p.m.  
**Location:** Shawsheen School Gym  
**Cost:** Free



Learn the skills necessary to be a Recreation Basketball Referee. The Clinic will include classroom instruction and floor work. Priority hiring for WRBL Referee positions will be given to those who attend the clinic. Register online or call the Recreation Department.

## YOUTH PROGRAMS

Children may be required to wear a mask for "in person" programs.

### Chefs in Training

**Instructor:** Alyssa Costantino  
**Grades:** 1 - 5  
**Dates:** Tuesdays, October 12 - November 16,  
 6 Weeks  
**Times:** 3:45 - 4:45 P.M. or 5 - 6 P.M.  
**Location:** WHS Consumer Science Room  
**Cost:** \$115



In this program, children will prepare fun snacks, entrées and side dishes with key nutritious ingredients. Each week your "chef" will take home the recipe and main dish of the week to demonstrate their new skills.

### INTRO TO CRICKET

**Instructor:** Sareesh Alambath  
**Ages:** 6 - 13  
**Date:** Wednesdays, September 15 - October 20,  
 6 Weeks  
**Time:** 5:30 - 6:30 p.m.  
**Location:** Town Park  
**Cost:** \$40 (All cricket equipment will be provided)

Learn the fundamentals of this sport while having fun! Taught by members of the Wilmington Cricket Club, participants will learn the rules of the game including batting, bowling, wicket-keeping, fielding and umpiring.

During the last two classes, students will have an opportunity to test their new knowledge during real games!



A helmet with a face mask is required.

### INTERMEDIATE MOUNTAIN BIKING

**\*\*The Beginner Class is a prerequisite\*\***

**Instructor:** Joe Tammaro  
**Ages:** 10 - 15  
**Dates:** Saturday & Sunday,  
 September 25 - 26 & October 2 - 3  
 (rain dates October 16 - 17)  
**Time:** 9 a.m. - 12 p.m.  
**Location:** Wilmington Town Forest  
 430 Andover St.  
**Cost:** \$190



Learn mountain biking, safety, maintenance and other outdoor skills while being introduced to some of the natural resources that Wilmington has to offer.

Move to the next level of mountain biking with new trails, new skills and more adventure!

Bikes will be available for those who don't have their own.

### ESports LEAGUE

**Instructor:** Vanta Development Group  
**Dates:** September 20 - November 20, 9 Weeks  
**Cost:** \$135 per League

If you love online gaming, or just want to give it a try, this league is for you!

#### Tech Requirements:

Computer/laptop (no Chromebook) with:

- \*Gmail account
- \*camera and microphone
- \*mouse
- \*Internet connection with 20 mbps download speed
- \*League username - **must download game prior to registration**

Started in response to an episode of cyber bullying, Vanta's team-based learning approach provides a safe and structured environment for players to learn and play games with their peers. Players are led by seasoned instructors/coaches, and work on strategy, technical skills and sportsmanship, while building skills as individuals and as a team.

All practices and games will be played on Google Meet. Parent/guardian permission is required.

#### Rocket League: Ages 9 - 15

Rocket League is a 3v3 competitive game of soccer, but you're a car with a rocket booster.

**Practices:** Mon./Wed. or Tue./Thu.,  
 5:30 - 7 or 7 - 8:30 p.m.  
**Games:** Saturdays, 2:30 - 3:30 p.m.



#### League of Legends: Ages 13 - 15

League of Legends is a 5v5 multiplayer Online Battle Arena game where teams work together to destroy the enemy base.

**Practices:** Mon./Wed. or Tue./Thu.,  
 5:30 - 7 or 7 - 8:30 p.m.  
**Games:** Saturdays, 4 - 6 p.m.



## Saturday = Fun Day

### KINDER BASKETBALL



**Instructor:** Adrianna Kippenberger  
**Ages:** 4 - Kindergarten  
**Dates:** Saturdays, October 30 - November 20  
 4 Weeks  
**Times:** 9 - 9:50 a.m. or 10 - 10:50 a.m. or 11 - 11:50 a.m.  
**Location:** West Intermediate School Gym  
**Cost:** \$50

It all starts here! Learn and best of all - have a "ball"! Parents are invited to attend part of the last class for a demonstration of the newly-acquired skills!



### POTTERY PLUS!

**Instructor:** Tricia Langeleh, Magic Brush Pottery  
**Grades:** K - 5  
**Dates:** Saturdays, October 30 - November 20,  
 4 Weeks  
**Time:** 10 - 11 a.m.  
**Location:** West Intermediate School Art Room  
**Cost:** \$65

This class includes 2 weeks of pottery projects, a fused glass project and a canvas painting. All pottery pieces will be functional, food-safe and make a memorable hand-crafted gift or collectible. Paints are non-toxic and washable.



### SNL SUPER SPORTS JR.



**Instructor:** SNL  
**Ages:** 3 & 4  
**Dates:** Saturdays, October 30 - November 20,  
 4 Weeks  
**Time:** 9 - 9:45 a.m.  
**Location:** West Intermediate Cafeteria  
**Cost:** \$50



This program is an introduction to sports for our youngest athletes. They will learn soccer and dodgeball, as well as playing fun games!

### YOGA-PLAY

**Instructor:** Nicole Walker  
**Dates:** Saturdays, October 30 - November 20  
 4 Weeks  
**Location:** West Intermediate School Music Room  
**Cost:** \$35

Bring a  
yoga mat  
and  
water



#### Junior Yogis

**Ages:** 9 - 12  
**Time:** 9 - 9:45 a.m.

Students will learn to center themselves and practice fun yoga poses individually and as a group. Non-competitive and fun, this class helps develop strength, flexibility, concentration and confidence.

#### Mini Yogis

**Ages:** 2 - 4 w/caregiver  
**Time:** 10 - 10:45 a.m.

In this supportive, active class, your mini yogi will learn yoga inspired poses through music, stories and games all while building confidence, balance and flexibility.

#### Little Yogis

**Ages:** 5 - 8  
**Time:** 11 - 11:45 a.m.

Children will strengthen their bodies by imitating animals and nature while learning basic yoga poses. This creative playful atmosphere helps to develop flexibility and explore ways to calm the mind.

## YOUTH PROGRAMS

Children may be required to wear a mask for "in person" programs.

### HOME ALONE

**Instructor:** Juanita Allen Kingsley  
**Grades:** 4 - 5  
**Date:** Tuesday, October 26  
**Time:** 3:45 - 5:15 p.m.  
**Location:** Wilmington Middle School  
**Cost:** \$50



This workshop includes:

- \* Telephone and door answering techniques
- \* Internet safety
- \* Accident and fire protection
- \* How to call 911
- \* First Aid techniques
- \* How to prevent and relieve choking
- \* Time management tips

### BLAST! Babysitter Lessons and Safety Training

**Instructor:** Juanita Allen Kingsley  
**Grades:** 6 - 8  
**Date:** Tuesday, October 26  
**Time:** 1:45 - 3:45 p.m.  
**Location:** Wilmington Middle School  
**Cost:** \$55



This workshop includes:

- \* What to consider before you take a job
- \* Communication - with parents, children and your parents
- \* House safety
- \* Activities for different ages
- \* Choking prevention and relief
- \* How and when to call for help; how to call 911
- \* How to build your babysitting business

### MOVE & TUMBLE

**Ages:** 3 & 4  
**Day:** Fridays, September 24 - October 29,  
 6 Weeks  
**Time:** 1 - 1:45 p.m.  
**Location:** Legacy Studios  
 1 Burlington Ave.  
**Cost:** \$52



A creative movement class for our youngest movers and shakers.  
 A great way to introduce music and movement into your child's life.  
 They will be twirling, skipping, dancing and hopping their way through this program!

### FUN'OMENA

**Instructor:** High Touch High Tech of NE  
**Grades:** 1 - 3  
**Dates:** Wednesdays, November 3 - December 8  
 (no 11/24), 5 Weeks  
**Time:** 4:30 - 5:30 p.m.  
**Location:** Town Hall Auditorium  
**Cost:** \$98

Explore natural and human-caused disasters and how we can protect and prepare ourselves. Construct houses that will be earthquake resistant, test which trees will bend and which trees will break during a hurricane, learn about volcanoes on Mars, and so much more! It's fun, hands-on science!

### KARATE

**Supervisor:** Academy of Traditional Karate  
**Dates:** Tuesday, September 7 - Monday, October 4  
 4 weeks  
**Location:** 155 West Street  
**Cost:** \$35



Try an introduction to traditional Karate where life skills such as focus, respect, confidence, self-discipline and goal-setting are taught while achieving the physical benefits of self-defense, fitness and stress reduction. Each week students learn new skills and build upon those from their previous class.

#### Little Dragons (Ages 3 & 4)

**Tuesdays:** 4:30 - 5 p.m.  
**Saturdays:** 11 - 11:30 a.m.

#### Little Samurai (Ages 5 & 6)

**Mon. or Wed.:** 4:30 - 5 p.m.  
 or 5:30 - 6 p.m.  
**Tue. or Thu.:** 4:30 - 5 p.m.  
**Saturdays:** 9 - 9:30 a.m.

#### Karate Kids (Ages 7 - 12)

**Mon. or Wed.:** 4:30 - 5 p.m.  
 or 5:30 - 6 p.m.  
**Tue. or Thu.:** 5:30 - 6 p.m.  
**Saturdays:** 9 - 9:30 a.m.  
 10 - 10:30 a.m.

Choose your class day and time, with the flexibility to book make-up classes within the four-week program!

### IRONCLAD MARTIAL ARTS

**Supervisor:** John Johnston  
**Dates:** October 1 - 31  
**\*\*Unlimited visits!\*\***  
**Location:** IronClad Martial Arts Center  
**\*\*new location\*\*** 335 Main Street  
**Cost:** \$55



These non-contact classes are a combination of different martial arts (Muay Thai, Jiu Jitsu, Krav Maga, Karate and Wrestling) intended to improve self-discipline, balance, flexibility, coordination and self-control. Students can have fun while learning basic martial arts skills! There is no physical contact between students.

#### Little Warriors (Ages 4 - 6)

**Mon. - Thu.:** 4 - 4:30 p.m.  
**Sat.:** 9:30 - 10 a.m.



#### Karate Kids (Ages 7 - 11)

**Mon. - Thu.:** 4:30 - 5:15 p.m.  
**Sat.:** 10:15 - 11 a.m.

## ADULT PROGRAMS

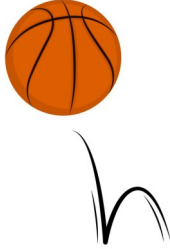
Masks may be required for "in person" programs.

### 35+ BASKETBALL

**Supervisor:** Peter Otovic  
**Dates:** Wednesdays, September 15 - November 3,  
 8 Weeks  
**Times:** Games beginning at 6 p.m.  
**Location:** Outdoor Courts TBD  
**Cost:** \$55

This league offers those ages 35 and over structured team play with refereed games for fun and fitness.

Players without a 35+ mesh shirt must pay a \$22 shirt fee.



### ADULT OPEN GYM

**Dates:** Wednesdays, December 8 - April 13  
 (No 12/29 & 2/23)  
**Time:** 7 - 8:30 p.m.  
**Location:** Woburn Street School Gym  
**Cost:** \$5 cash per night

Drop in for supervised, informal games of pick-up basketball. Enjoy a workout in the middle of the week!



### TENNIS LESSONS

**Instructor:** Rob Mailey  
**Dates:** Saturdays, September 11 - October 16  
 (no 10/2 & 10/9), 4 Weeks  
**Time:** 11 a.m. - 12 p.m.  
**Location:** Wilmington High School Tennis Courts  
**Cost:** \$45

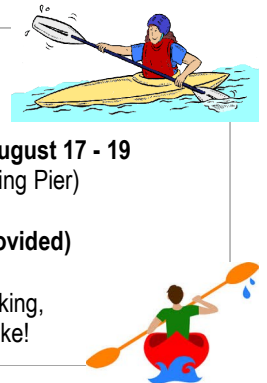
Tennis anyone? Learn basic tennis skills with a wide variety of fun drills, and then play mini-matches to improve your game.



### ADULT KAYAKING CLINIC

**Instructor:** Joe Tamaro  
**Dates:** Tuesday - Thursday, August 17 - 19  
**Location:** Silver Lake (by the Fishing Pier)  
**Time:** 6 - 7:30 p.m.  
**Cost:** \$140 (all equipment provided)

In this new class, participants will learn kayaking, canoeing and water safety skills on Silver Lake!



### ADULT GOLF LESSONS

**Instructor:** Barrie Bruce  
**Dates:** Wednesdays, September 8 - October 6,  
 5 Weeks  
**Time:** 5:30 - 6:30 p.m.  
**Location:** Billerica Country Club  
**Cost:** \$189

This class teaches ball striking skills to beginner and intermediate golfers. Golf clubs are provided if needed.



### UPHOLSTERY WORKSHOP

**Instructor:** Louise Redgate  
**Dates:** Thursdays, September 16 - November 4,  
 8 Weeks  
**Time:** 6:30 - 9:30 p.m.  
**Location:** Town Hall Auditorium  
**Cost:** \$85

Give new life to a piece of your old furniture by learning to reupholster. You will cover your piece with new fabric, learn to tie springs and re-pad. A supply list will be provided as your project progresses. Be aware - you will have homework!



The class motto is "If you can carry it, bring it!"

### BEGINNER/INTERMEDIATE TAP

**Supervisor:** Meghan Sullivan  
**Dates:** Mondays, October 18 - November 22,  
 6 Weeks  
**Time:** 8 - 9 p.m.  
**Location:** Legacy Studios  
 1 Burlington Ave.  
**Cost:** \$52

Learn basic tap steps and fun combinations week to week. Dance just like the American classics. Tons of fun while you get in shape. Perfect for beginners or returning students.

Tap shoes required.



**ADULT PROGRAMS**  
Masks may be required for "in person" programs.



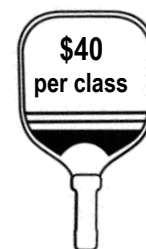
## PICKLEBALL FOR ALL

Pickleball is a fun sport that combines elements of tennis, badminton and Ping-Pong. It is played on a badminton-sized court with a slightly modified tennis net. Each player should bring their own paddle. A composite paddle is recommended.

**Wilmington  
Residents  
Only**

### Outdoor Pickleball: Town Hall Courts

<b>Instructor: Lesley Velardo</b>	
<b>Mondays, September 13 - November 1 (no 10/11 &amp; 10/18)</b> <b>6 Weeks</b>	
<b>Beginner</b>	<b>Novice</b>
For new players! Learn rules and skills while playing this addictive game!	For those who are beyond a beginner level. Play more games to work on your skills.
<b>5 - 6 p.m.</b>	<b>6 - 7 p.m.</b>



<b>Intermediate</b>		<b>Round Robin</b>	
For those players that are proficient in ability and love the thrill of competition!		Must have previous playing experience and know how to keep score.	
<b>Thursdays, September 16 - October 21</b> <b>6 Weeks</b>		<b>Saturdays, September 11 - November 6 (no 10/2)</b> <b>8 weeks</b>	
<b>Supervisors:</b>		<b>Supervisor:</b>	
Mike McInnis	Lauren Healy	Mike McInnis	
<b>5:30 - 6:45 p.m.</b>	<b>6:45 - 8 p.m.</b>	<b>9 - 10:30 a.m.</b>	



**Date:** Saturday, October 2  
*Rain Date:* Sunday, October 3  
**Time:** 9 a.m.  
**Location:** Town Hall Pickleball Courts  
**Cost:** \$35

Wilmington Residents Only  
Must have previous playing experience and know how to keep score.

Join us for the Elliot Kanter Memorial Pickleball Tournament - in honor of our great friend and Pickleball Supervisor Extraordinaire. Elliot was warm and welcoming on our sidelines and always enthusiastic on our courts. Registered players will be randomly paired on the day of the tournament. Each player will be guaranteed at least three matches, and receive a commemorative jersey.

### Indoor Pickleball: Woburn Street School Gym

#### NOVICE

**Instructor:** Lesley Velardo  
**Dates:** Mondays, November 15 - December 20  
**6 Weeks**  
**Times:** 6 - 7 p.m. or 7 - 8 p.m.  
**Location:** Woburn Street Gym

For those players that are beyond a beginner level. Combine skills and drills with more games to improve your play.

**\$40  
per class**

#### INTERMEDIATE

**Dates:** Thursdays, October 28 - December 16  
**(no 11/11 & 11/25), 6 Weeks**  
**Location:** Woburn Street Gym

Must have previous playing ability, know how to keep score, and love the thrill of competition!

<b>Supervisor</b>	
Mike McInnis	Lauren Healy
<b>6 - 7:15 p.m.</b>	<b>7:15 - 8:30 p.m.</b>



## ADULT PROGRAMS

Masks may be required for "in person" programs.

# Namaste!

### YOGA FOR THE FULL-FIGURED WOMAN

**Instructor:** Jennifer Ryan  
**Location:** The Yoga Loft (3 Lopez Road)  
**Cost:** \$95 per 8 week session

This class introduces beginners to yoga in a fun and relaxed setting. Movements are modified for a non-intimidating approach to improving your health. Take this class as a gift to yourself!

Please bring a yoga mat and wear comfortable clothes.



#### Mondays

**October 18 - December 13** (no 11/22)

**4 - 5 p.m.**

#### Thursdays

**October 14 - December 9** (no 11/25)

**7 - 8 p.m.**

### BRUNCH BOSS

**Instructor:** Steven Tulloch  
**Dates:** Wednesdays, October 6 - 27, 4 Weeks  
**Time:** 6 - 8:30 p.m.  
**Location:** WHS Consumer Science Room  
**Cost:** \$135



- ◆ Muffins and Quick Breads
- ◆ Scones and Biscuits
- ◆ Quick Cinnamon Rolls & Coffee Cake
- ◆ Braided Danish Loaf

This class will set you on the path to becoming a more confident and skillful baker as you prepare delicious breakfast treats! Master "mise en place", learn mixing methods and the fundamentals of flour and bread basics. You can then apply these skills to other baking projects. Each week you will take home delicious treats to share.

### SIGNS BY DESIGN

**Instructor:** Terry Pino, Beach Day Designs  
**Time:** 6 - 8 p.m.  
**Location:** Town Hall Auditorium

Stencil this seasonal design on a prepared wood board. Choose the colors for the background and text. All materials provided. A great gift!

#### "Christmas Eve"

**Date:** Wednesday, November 10  
**Cost:** \$35



"Trick or Treat"  
Porch Sign

Date:  
Tuesday,  
October 19

Cost:  
\$50

Samples  
on display  
in the  
Rec. Office

### BURN BABY BURN

**Instructor:** Kim Mytych, Resin 8 With Me  
**Date:** Friday, November 19  
**Time:** 6 - 8 p.m.  
**Location:** Town Hall Auditorium  
**Cost:** \$65 Board  
              \$75 Tray

Customize your own cutting or charcuterie board, or a serving tray! Select a design prior to class. Using a wood burning tool, "Burn" that design onto your piece during class. All supplies included.





### ADMISSION TICKETS

(Available while supplies last; must be purchased in person)



Available while  
supplies last!

#### Discount Movie Tickets

Tickets have no expiration date!



#### IMAX Tickets

**\$11 each**

Redeem at Jordan's Furniture box office (Reading/Natick) for a full-length feature film (including 3D).

#### AMC Black

**\$11 each** No restrictions!

#### Showcase Tickets

**\$10 each**

**\$25**

#### CAPE ANN WHALE WATCH Gloucester, MA



Regular cost:

\$50 Adults; \$45 over age 60; \$35 Ages 4 - 16

These tickets have no expiration date and are valid for any sailing **except** the 1:30 p.m. weekend sailings from July 1 - Labor Day.

Reservations are required. Parking is free.

A whale sighting is guaranteed! If you do not see a whale on your trip, you can sail again **FREE FOR LIFE** until you do.

#### Topsfield Pre-Fair Ticket Sale

**Tickets on sale until Monday, September 27 at noon**  
or while supplies last

#### Admission Tickets:

\$12 (ages 8 & up)

Save \$3 per ticket!

#### Ride Tickets:

\$28 for 10 rides

A 50% savings!

**Topsfield  
Fair**  
October 1 - 11



D

#### HOLIDAY POPS

with Keith Lockhart & the Boston Pops  
Esplanade Orchestra

**Lowell Memorial Auditorium**  
**Sunday, December 19, 2:30 p.m.**  
**Center Balcony Seat**

\$50 deposit per ticket;

Balance due: Monday, November 1



*Gift  
Certificate*

*Wilmington Recreation Department*

Consider giving the gift of Recreation this year.  
Recreation Gift Certificates can be used  
for any class, admission ticket or trip we offer.

Recreation programs can open up a  
whole new world - literally!



### THEATRE TRIP

Every theatre trip includes bus transportation and an orchestra seat. The bus will depart 1½ hours prior to stated show time. Theatres restrict patrons to those age five and up.

#### Boston Opera House

Thursday, April 21

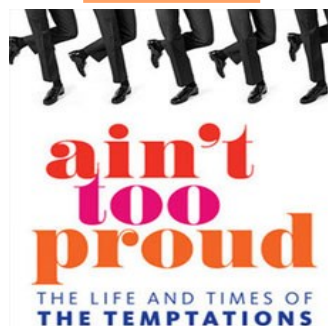
7:30 p.m.

This electrifying, new smash-hit Broadway musical follows The Temptations' extraordinary journey from the streets of Detroit to the Rock & Roll Hall of Fame.

Nominated for 12 Tony Awards®, the unforgettable story of this legendary quintet is set to the beat of the group's treasured hits, including "My Girl," "Just My Imagination," "Get Ready," "Papa Was a Rolling Stone" and so many more.

\$50 deposit per ticket; Balance due: February 1

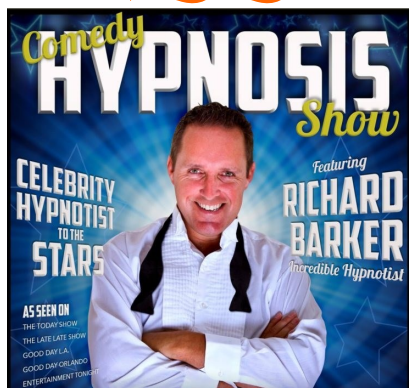
**\$130**



### Day Trips

A detailed flyer with a full itinerary is available in our office and on our website under [Trips](#). Refunds are based on travel company restrictions and the ability to find a replacement to purchase your trip.

New Date!



### Comedy Hypnosis Show

Tuesday, November 9

 **\$96**

Enjoy a "lunch and a show"! Richard Barker is a world-renowned professional hypnotist, comedy stage hypnotist and television personality.

As the Incredible Hypnotist, Richard brings his charm and experience to challenge the minds of audiences and celebrities alike.

Richard has been featured on the Today Show, The Late Show with James Corden, Entertainment Tonight and in publications across the globe.

Filled with high quality fun and "laugh out loud" interactions, all the comedy in this program is clean, wholesome fun.

### CHRISTMAS AMORÉ

Thursday, December 9

 **\$100**

Celebrate the season with a luncheon, and a heartfelt and tender holiday show.

After a sell-out at Carnegie Hall, the Sicilian Tenors will bring the joy of all our favorite Christmas songs to the Danversport Yacht Club!

The Tenors are known to take their audiences from tears to laughter with warm nostalgia and soaring voices.

That's amoré!



### TRIPS

Detailed flyers with full itineraries and registration forms are available in our office and on our website under Trips.

Refunds are based on travel company restrictions and the ability to find a replacement to purchase your trip.

☐ this trip requires a registration **form**    ☐ this trip can be reserved with a **deposit**    ☐ optional cancellation **insurance** is available for this trip

## Overnight Trips



It's Back!

### "MARCH GLADNESS" ROAD TRIP!

March 9 - 11

☐ ☐

\$410 p.p.d.o.



Join us for this new trip to the Villa Roma Resort located in the Catskill Mountains of upstate New York. This two-night three-day trip includes motor coach transportation, resort accommodations, five meals and non-stop fun! Choose from a wide variety of activities each day, and enjoy music and entertainment with a different show each night. There's an indoor sports complex with Pickleball, Bocce, Shuffleboard, and Ping Pong. If you aren't sold yet, there's an indoor pool and Bingo!

Art, History  
& Food!

## SANTA FE & THE LAND OF ENCHANTMENT

April 2022

☐ ☐ ☐

\$1,750 p.p.d.o.

One Hotel  
Stay!



Fly with us to Albuquerque for a six-day/five-night New Mexico adventure!

Our hotel for the length of this trip will be in Santa Fe. A tour of this upscale artist community with Spanish-Pueblo roots will include the Palace of the Governors, the Georgia O'Keeffe Museum and free time to explore the city.



Travel north passing through ancient villages via the "High Road to Taos". This historic home of the Pueblo Indians sits atop a Plateau between the Rio Grande and the Sangre de Cristo mountains, and is a UNESCO World Heritage Site. Take the scenic Turquoise Trail to Madrid, a thriving artist community, then on to Albuquerque. Visit scenic Bandelier National Monument, the Los Alamos Bradbury Science Museum and finally a farewell dinner at the Santa Fe School of Cooking!

Just like all of our trips, this adventure includes all of your accommodations, and transportation from and returning to Wilmington. All the highlights of the destinations are arranged by a professional tour company.

Register and let us take care of all of the logistics while you enjoy the journey!

Information will be available, and registration will begin on August 24!